

# Stepping Up Quilt

45x50

Fabric	Yardage
3 coordinating fabrics	3, 1 yd. cuts
Backing Fabric	3 yds.
<i>Chenille By The Inch® (Optional)</i>	
Color	Amount
Color to coordinate with fabric	800"
<b>Other Materials</b>	
Twin-size cotton batting	
Sewing thread to match fabric; invisible quilting thread	
<i>Chenille Brush™ &amp; Chenille Cutting Guide™</i>	
Spray bottle with water & fabric softener	

**Note:** WOF means "width of fabric." Seam allowance is 1/4" throughout. This quilt is intended as an economy quilt designed to utilize 44" wide fabric most efficiently. We use a single fold binding. If double fold binding is preferred, buy an additional 1/2 yard of fabric. To make a larger quilt, purchase multiple, matching bundles of fabric from [www.fabriccafe.com](http://www.fabriccafe.com). If you choose to prewash fabrics, zigzag raw edges to avoid loss of fabric through raveling.

## Cutting Instructions

### From Fabric #1:

\* Cut 4 strips 6" x WOF for **Block "A" Assembly**

\* Cut 5 strips 2" x WOF for border #1.

### From Fabric #2:

\* Cut 6 strips, 2 1/2" x WOF. Use 3 each for **Block "A" & "B" Assembly**

\* Cut one strip, 2 1/2" x WOF. From this strip cut one 17" piece for **Block "A" Assembly**; use remainder of strip for **Block "B" Assembly**

\* Cut 5 strips 3" x WOF for border #2

### From Fabric #3:

\* Cut 3 strips 6" x WOF for **Block "B" Assembly**

\* Cut 1 strip 6" x WOF for **Block "B" Assembly**. From one end of this strip, cut 4, 3" x 3" corner blocks. Use the remainder of the

### strip for **Block "B" Assembly**

\* Cut 6, 1 1/4" x WOF for binding

### From backing fabric:

\* Cut 2, 54" x WOF

## Step 1

Referring to **Block "A" Assembly** diagram, using one fabric #1, 6" x WOF strip and one fabric #2, 2 1/2" x WOF, sew together. Cut 5, 8" x 8" blocks from this strip assembly. Repeat using remaining fabric #1 block assembly strips, 2, 2 1/2" x WOF and one 2 1/2" x 17" strip. Make 17, 8" x 8" blocks.

## Step 2

Referring to **Block Assembly "B" Diagram** repeat **Step 1** using fabric #3, 6" strips and remaining fabric #2, 2 1/2" strips. Make 18, 8" x 8" blocks.

## Step 3

Referring to **Quilt Assembly** diagram, starting with **Block "B"** rotating and alternating with **Block "A"**, make 7 rows of 5 blocks each.

## Step 4

For border #1, using fabric #1, 2" x WOF strips, sew end to end. Sew strip to each side of quilt, trimming even with top and bottom. Using remainder of strip, sew strip to top and bottom; trim even with sides.

## Step 5

For border #2, using 3 fabric #2 border strips, sew together end to

## Fabric Selection Guide

Fabric # 1



Fabric # 2



Fabric # 3



end. Sew strip to each side of quilt trimming even with top and bottom.

Using two fabric #2 border strips, cut each strip 41" long.

Sew one corner block to each end of each strip. Sew one corner block strip to the top and one to the bottom of the quilt top.

## Step 6

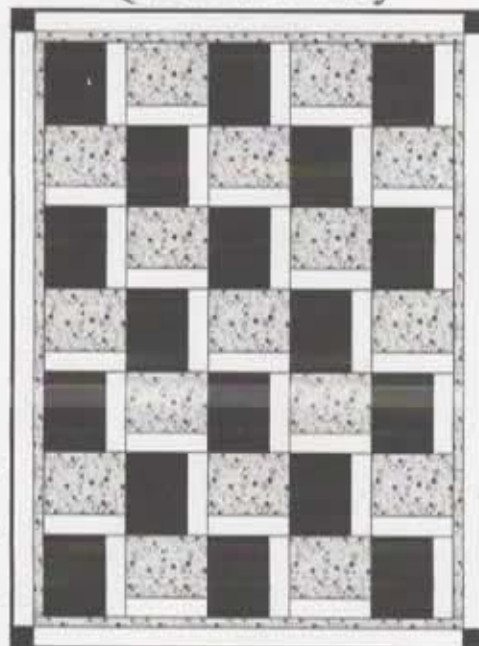
Sew backing fabric together along trimmed selvage edges, press. Layer top, batting and backing together; machine quilt as desired.

**Optional:** Add surface texture and interest as you quilt your quilt with *Chenille By The Inch®*. The next steps tell you how. See tutorial at [www.fabriccafe.com](http://www.fabriccafe.com)

## Step 7

Remove tear-away backing from *Chenille By The Inch®*. Using the *Chenille Cutting Guide™*, and cutting between the stitched lines with a rotary cutter, cut into strips. Using a walking foot, and stitching through all layers, sew *Chenille By the Inch®* strips on each seam line and border seams,

## Quilt Assembly



back tacking at beginning and end of each strip and overlapping ends 1/8" when adding a new strip.

**Please note:** For a single fold economy binding tutorial, go to [www.fabriccafe.com](http://www.fabriccafe.com).

## Step 8

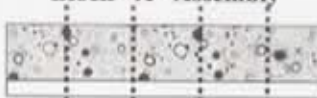
For binding, using fabric #3, 1 1/2" x WOF strips, sew strips together end to end. Press in half with wrong side together, press one raw edge to center fold. With right sides together, using a scant

binding to quilt, mitering corners. Press to back and hand stitch in place.

## Step 9

Using a spray bottle with 3 or 4 drops of fabric softener added to 8 oz. of water, dampen sewn *Chenille By The Inch®*; using a *Chenille Brush™*, brush vigorously to fluff chenille.

### Block "A" Assembly



### Block "B" Assembly



Using 6" x WOF strips and 2 1/4" x WOF strips, sew one of each together along long edge. Make strip sets as directed for each **Block "A"** and **Block "B"**. Cut into 17 **Block "A"** and 18 **Block "B"**