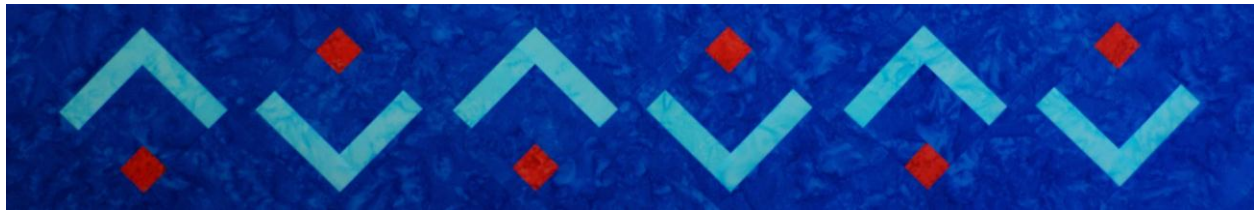


Fire & Ice



Finished band is about 8 1/2" x 48"

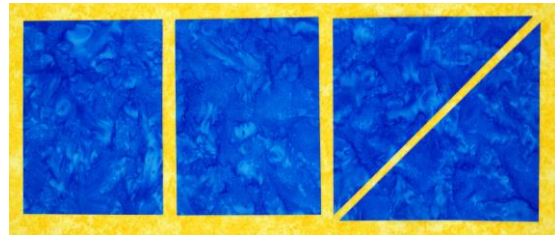
Fabric

You will need 3 fabrics for the **Fire & Ice** band. For the best visual effect, use high contrast fabrics. Cut all strips the width of the fabric (selvage to selvage), except where noted on fabric C.

- Fabric A (light blue in example)
 - Cut (2) 1 1/2" strip
- Fabrics B (dark blue in example)
 - Cut (1) 2 5/8" strip, cut 12" off one end for use with Fabric C
 - Cut (2) 1 1/4" strips
 - Cut (1) 7 5/8" strip
- Fabrics C (orange in example)
 - Cut (1) 1 3/4" strip at least 12" long

Construction

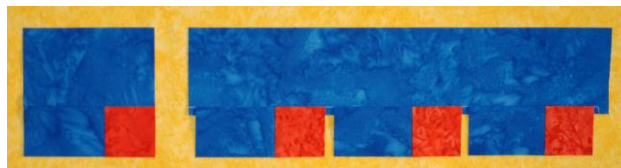
- Cut the 7 5/8" strips into (6) 5 5/8" spacers, and (1) 7 5/8" square
- Cut the square once on the diagonal to make 2 triangles



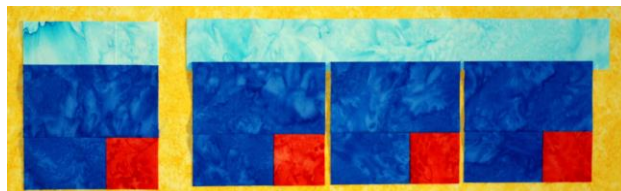
- Make a strip set with the 12" strips of fabrics B and C
- Cut the strip set into (6) 1 3/4" segments



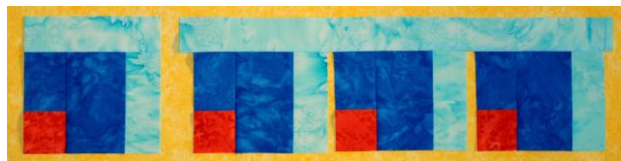
- Sew the (6) B-C segments to the remainder of the 2 5/8" B strip
- ***Make sure all segments are sewn to the strip in the same direction!***
- Trim the segments and press toward the B strip



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- Sew the (6) segments to a 1 1/2" A strip as shown
 - ***Make sure all segments are sewn to the strip in the same direction!***
 - Trim the segments and press toward the A strip



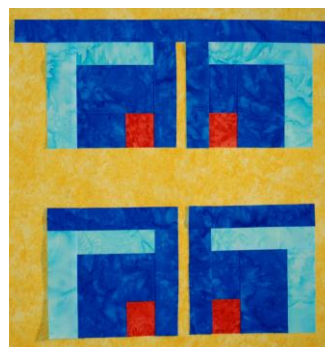
-
- Sew the (6) segments to a 1 1/2" A strip as shown
 - ***Make sure all segments are sewn to the strip in the same direction!***
 - Trim the segments and press toward the A strip



-
- Sew the (6) segments to a 1 1/4" B strip as shown
 - ***3 segments should be sewn in one direction and 3 in the other direction as shown!***
 - Trim the segments and press toward the B strip



-
- Sew the (6) segments to a 1 1/4" B strip as shown
 - ***3 segments should be sewn in one direction and 3 in the other direction as shown!***
 - Trim the segments and press toward the B strip



- Sew the 5 5/8" spacers between the segments, alternating between the two segment orientations as shown



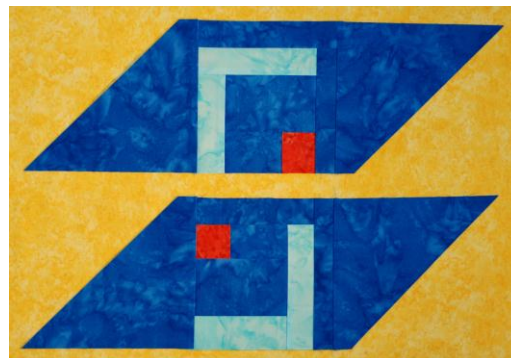
- Cut through the spacers at a 45 degree angle, equidistant between seam lines



- Move the extra spacer piece to the end of the last segment and sew



- You should end up with 3 segments of each orientation



- Sew the segments together alternating between the two orientations
- Use the two B triangles to square the ends and form the band



- Trim as needed to straighten the band

